

Botox aftercare

If you have any concerns, please contact the practice on **02380 223000**
or Sammi-Peony on sammipeony@hotmail.com

- The treatment does not work instantly: It takes roughly 4 hours to absorb into the muscle and starts to visibly work within 2-6 days after treatment. At 14 days it is at its maximum effect.
- The full effects last from 6 – 16 weeks before movement returns. The rate of movement return varies from person to person and the frequency of treatments is an individual choice if a restricted movement is to be maintained. If you get some movement back after a few weeks, this is normal and reflects the rate of your cell receptor replacement occurring in the facial muscles.

After your treatment Some activities may increase the risk of side effects:

- Do not touch the injection areas as you may introduce bacteria and cause infection
- For 4 hours after the treatment, do not lie down or do any rigorous exercise or exert pressure on the area treated
- For 24-36 hours after treatment, do not expose yourself to extreme movements, exercise or temperatures to avoid the solution migrating to other muscles
- If you experience any adverse effects, contact the practice and your GP as necessary

Possible Risks & Side Effects:

Botulinum Toxin Type A: You may experience some temporary side effects following your treatment.

Common side effects (1-10 people in 100)

- Bruising, redness, tingling, swelling, irritation, itching, discomfort at the injection sites, headache,

Uncommon side effects

- Tired eyes, drooping of upper eye lid, watering eyes, dry eyes, swelling of the eye lid, twitching of the muscles around the eye, disturbed or blurred vision, blurred vision – be careful if driving or operating machinery, eye movement disorder, muscle weakness in eyes, overcompensation in other muscles. Dizziness.
- Allergic reactions – itchy rash. Muscle weakness away from injection site

These side effects usually occur within the first week and are usually mild to moderate.

Please Note: For a very few people, on some occasions, treatment with Botulinum Type A has no or little effect. This will not necessarily lead to a refund.